



River Forest Older Adults!

**Do you need a helping hand during the COVID-19 pandemic with
Grocery shopping? Prescription pickup?
Or perhaps you would like a regular phone call from someone
to chat or check-in with you?**

***River Forest's Volunteer Care Corps
is here to assist you!***

**To be connected with a local volunteer:
Call 708.613.1642 or email rfseniorhelp@gmail.com**

**For meals, transportation, care management and other questions,
call Township Seniors Services 708.383.8060.**

As always, in case of medical and other emergencies, call 911.

***Volunteer Care Corps program is sponsored by
the Village of River Forest and River Forest Township.***



RIVER FOREST TOWNSHIP

Caring | Connection | Community